



Gujarat National Law University

Thursday,
06 April, 2010

**INFORMATION CIRCULAR
GNLU/IC/96/10**

Subject: Counselling session to get rid off mental stress, depression, exam phobia etc.

Dear Students,

There is an Awareness Programme as per the below mentioned schedule for all the students for psychological counselling.


In the said programme Dr. Rajendra Anand, well-known psychiatrist will discuss and advice on how to get rid off mental stress, depression, phobia of exams etc. The counselling session will include causes of mental stress and how to over come such psychological problem.

Date : 9th April, 2010.

Timings : 4.00p.m. To 6.00p.m.

**Venue : GNLU Conference Hall
(Ground Floor)**

Further, Dr. Anand would be available for consultation on Sunday during 10.00 a.m. to 12.00 noon at Hostel Office, GNLU Hostels.


Hostel Administrator
Gujarat National Law University

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